# L'Atelier Aesthetics

ELEVATE. REJUVENATE. NURTURE.



# L'ATELIER SKIN

Welcome to the L'atelier Skin Pod, your ultimate destination for rejuvenation and personalised skincare treatments. Within this tranquil sanctuary, our dedicated aestheticians Emma and Bronte work their magic, specializing in enhancing your skin's radiance through a variety of advanced procedures. From revitalizing peels to transformative microneedling, trust the L'atelier Skin Pod to bring out the best in your complexion. Step into this oasis of beauty and embark on a transformative journey towards a healthier, more vibrant you.



#### IN-DEPTH SKIN CONSULTATION

Free 'Deep Cleanse' mini facial Visia imaging Detailed skin analysis Bespoke skincare advice

45 MINUTES
SENIOR AESTHETICIAN: £125
15% OFF FIRST TREATMENT

#### L'ATELIER LIGHT

Purifying - Near infrared & Purple light
Detoxifying - Near infrared & Yellow light
Brightening - Near infrared & Green light
Post procedure - Near infrared, Blue & Green light
Calming - Near infrared, Blue & Green light
Anti-aging - Near infrared & Red light

20 MINUTES £50 £20 PER EXTRA 10 MINS



## L'ATELIER PEELS

#### RADIANCE PEEL

Pores, skin prep, oil control, skin tone, very superficial wrinkles, dullness

Ideal for: Red carpet, pre-wedding season, party season, selfie perfection, skin health, skin maintenance.

Preparation time: None | Treatment time: 30 minutes | Sensation: + Depth of peel: Superficial | Peeling: None

Includes: Alumier<sup>MD</sup> post-procedure prescription kit

FACE £145 NECK & DECOLLETAGE £145 HANDS £145 HALF BACK £145 FULL BACK £195

#### **GLOW PEEL**

Pores, oil control, skin tone, pigmentation, superficial wrinkles, ageing, superficial acne scars, keratosis, acne, sun damage, rosacea

Ideal for: Skin health maintenance, preparing for a special event in advance, improving skin conditions such as acne, rosacea, pigmentation and sun damage, end of season refresher.

Preparation: 2 weeks | Treatment time: 30 minutes | Sensation: ++ Depth of peel: Superficial | Peeling: Possible slight skin flaking up to 7 days

> FACE £195 NECK & DECOLLETAGE £195 HANDS £195 HALF BACK £195 FULL BACK £245

#### **GLOW PEEL PLUS**

Pores, oil control, skin tone, pigmentation, acne, medium depth wrinkles, ageing, superficial acne scars, keratosis, sun damage, rosacea, medical grade

Ideal for: Turning back the years, improvement in advanced pigmentation, sun damage and acne.

Preparation: 2 weeks | Treatment time: 30 minutes | Sensation: +++ Depth of peel: Medium | Peeling: Skin flaking up to 7 days

> FACE £215 NECK & DECOLLETAGE £215 HANDS £215 HALF BACK £215 FULL BACK £275



#### THE PERFECT PEEL

Skin tone, skin texture, sun damage, pigmentation, superficial wrinkles, acne, moderate acne scars and skin tone

Ideal for: Combating ageing, improving acne scars, significant rejuvenation, improving pigmentation and skin tone.

Preparation: None | Treatment time: 15 minutes Sensation: ++++ | Peeling: Peeling for up to 2 weeks Depth of peel: High Included: The Perfect Peel aftercare products

FACE £420
NECK & DECOLLETAGE £420
HANDS £420
HALF BACK £420

#### DERMAMELAN PIGMENTATION PROGRAMME

Pigmentation, melasma, sun damage, sun spots, post inflammatory hyperpigmentation, uneven skin tone

Ideal for: Preventing new pigmentation from forming and correcting existing pigmentation.

Preparation: 2 weeks | Treatment time: 4 months Sensation: +++++ | Peeling: Skin flaking up to 1 month Depth of peel: Very High

Included: Pre-peel skin preparation, in-clinic Dermamelan mask, post-peel products, follow up consultations & Visia skin scans

£1800

# L'ATELIER MICRO-NEEDLING

#### MICRO-NEEDLING:

This advanced therapy uses a precisionengineered electronic medical device to stimulate the skin's natural production of collagen and fibroblast activity by producing thousands of micro-needle columns in the skin.

Ideal for: Softening fine lines and wrinkles, reducing the appearance of acne scars and stretch marks, evening out skin tone and pigmentation, and minimising open pores.

Anaesthesia: Numbing cream (30mins)
Treatment time: Ihour
Downtime: Redness for 12-48 hours
Results expected in: 1-2 weeks
Frequency: Monthly or greater

1 AREA: £350 2 AREAS: £450 3 AREAS: £550

#### **VAMPIRE FACIAL:**

The Vampire Facial harnesses the healing powers of the growth factors contained within your blood's platelet-rich plasma PRP( It combines with micro-needling to stimulate extensive collagen production, internal rejuvenation, and skin repair.

Ideal for: Ultimate skin rejuvenation, reducing the appearance of dark circles, reintroducing a glow to tired skin, improvement in skin texture and tone, reducing fine lines, softening acne scars and stretch marks, treating hyperpigmentation, and minimising open pores.

Anaesthesia: Numbing cream (30mins)
Treatment time: 1hr
Downtime: Redness for 12-48 hours
Results expected in 1-2 weeks
Frequency: Monthly or greater
Results last: from 6 months permanent

FACE: £550

FACE & NECK: £750

FACE, NECK & DÉCOLLETAGE: £950

#### THERMAVEIN:

Thermavein uses a process known as thermocoagulation which seals the thread vein causing them to disappear. Thermavein can be used in combination with sclerotherapy on the legs and can be used effectively on its own on the face to treat red spots and a variety of vascular blemishes.

Ideal for improving redness in cheeks and chin caused by rosacea, removing thread veins all over the face and body.

Anaesthesia: None

Treatment time: Dependant on the size of the area
Downtime: Redness for up to 48 hours (on face) and 3 weeks (on legs)
Results expected in: Up to 6 weeks; repeat treatments may be
necessary

Frequency: Every 4-6 weeks until gone | Results: Permanent Initial appointment 30 minutes (this includes 15min of treatment time) Follow up treatments 15 minutes

Thermavein can also be used for milia and skin tag removal.

INITIAL CONSULTATION & TREATMENT: £250 FOLLOW UP TREATMENT: £150



A course of treatments is recommended for optimum results.



#### MOPRHEUS8 TREATMENT

Morpheus8 is a non-surgical cosmetic treatment that uses radiofrequency technology to rejuvenate and tighten the skin. The treatment involves using a handheld device to deliver radiofrequency energy to the deep layers of the skin, which stimulates collagen production and improves the overall texture and appearance of the skin.

The Morpheus8 treatment is effective for a range of skin concerns, including fine lines and wrinkles, acne scars, hyperpigmentation, and uneven skin tone. It can also be used to improve skin laxity and tighten sagging skin on the face, neck, and body.

Anaesthesia: Numbing cream (1hr) Treatment time: 1hour 30 minutes Downtime: Redness for 12-48 hours Results expected in: 6-8 weeks Frequency: Monthly or greater

EYES OR JOWLS: £550 JOWLS & NECK: £750 FULL FACE, EYES & NECK: £950

Course of treatments recommended for optimum results.



#### SOFWAVE TREATMENT:

Sofwave is a non-invasive skin rejuvenation treatment that uses ultrasound technology to stimulate the production of collagen and elastin, essential proteins for youthful-looking skin. The treatment is highly effective at tightening and lifting the skin, improving the appearance of fine lines, winkles, and other signs of aging. It's a safe and customizable option that involves minimal downtime, with long-lasting results that can last for several months to a year or more. Overall, Sofwave is an excellent alternative to surgical procedures for individuals who want to achieve a more youthful, rejuvenated appearance.

Anaesthesia: Numbing cream (1hr) Treatment time: 1hour 30 minutes Downtime: None Results expected in: 6-8 weeks Frequency: Yearly or greater

> SOFWAVE 1 AREA: £999 SOFWAVE 2 AREAS: £1999 SOFWAVE 3 AREAS: £2999



# L'ATELIER INJECTABLES

Welcome to L'atelier Injectables, London's premier destination for advanced aesthetic treatments. Led by the expert hands of Dr. Brennand, this exclusive pod offers a range of transformative procedures including Botox and dermal fillers. With an unwavering commitment to excellence, Dr. Brennand combines artistry and expertise to deliver natural-looking results that enhance your unique beauty. Step into our world of aesthetic refinement and let L'atelier Injectables unlock your true potential.

## L'ATELIER INJECTABLES

#### **DERMAL FILLERS:**

Dermal fillers are a highly effective way of replacing lost volume and elasticity to give skin a plumper, more youthful look. They also soften lines and wrinkles while adding contour and shape.

Ideal for(non-surgical facial rejuvenation, lip augmentation, non-surgical rhinoplasty, hand rejuvenation, correction of dark circles, softening of fine lines and wrinkles.

Anaesthesia: Numbing cream and local anaesthetic injections (optional)

Downtime: Potential bruising and swelling for up to 2 weeks

Results expected in: Immediately | Results last: From 9-18 months

LIPS: ½ml £325 1ml £425
TEAR TROUGH: From £600
NON-SURGICAL RHINOPLASTY: From £600
DERMAL FILLER: £425 per/ml
HYALAYSE (DERMAL FILLER REMOVAL): £350 PER SYRINGE

#### **AQUALYX**

Aqualyx is a popular non-surgical cosmetic treatment that involves injecting a solution directly into targeted areas of the body. The solution works by breaking down fat cells, which are then naturally eliminated by the body over time. This makes it an effective treatment for areas such as the chin, stomach, hips, and thighs, resulting in a more contoured and toned appearance.

Ideal for targeted fat reduction in areas of the body that are resistant to exercise and dieting.

CHIN £550 OTHER PER AREA £650

#### SKIN BOOSTERS:

Administered through a series of tiny injections, this treatment works to plump and hydrate skin, smoothing out roughness and evening out depressions.

Ideal for improved skin smoothness, hydration and elasticity.

£450 PER SESSION

#### SKIN BOOSTERS: PROFHILO

Profhilo is a hyaluronic acid-based product for treating skin laxity. Not only does it improve skin hydration, but it remodels ageing and sagging skin by stimulating the production of 4 different types of collagen and elastin.

Ideal for improving skin firmness and hydration, an improvement in skin elasticity, increased skin health and quality.

Anaesthesia: None
Treatment time: 15 minutes
Downtime: Redness for 1-2 hours
Results expected in: Immediately and increases over time
Frequency: it's recommended to have one treatment 4 weeks after
your first treatment, then top ups every 6 months

1 SESSION: £495 2 SESSIONS: £695



## PLATELET-RICH PLASMA (PRP) AND PLATELET-RICH FIBRIN (PRF):

PRP and PRF harness the hidden healing power found within our own blood. Our blood contains many powerful compounds and nutrients, which have been used in other areas of medicine to promote healing. The therapy separates out the platelet-rich plasma to naturally stimulate tissue healing and new collagen production.

Ideal for (ultimate skin rejuvenation, reducing the appearance of dark circles, reintroducing a glow to tired skin, improvement in skin texture and tone, reducing fine lines, reducing hair loss and stimulating new hair growth.

Anaesthesia: Numbing cream (optional)
Treatment time: 30 minutes
Downtime: Redness for 1-2 hours and possible small bruising
Results sepected in: 1-2 weeks
Frequency: Monthly or greater
Results last: From 6 months – permanent

£550 PER SESSION

#### ANTI-WRINKLE INJECTIONS:

At L'atelier Aesthetics, we use wrinkle reduction to help our clients regain a more youthful look by smoothing away frown and forehead lines, relaxing laughter lines, treating crow's feet and lifting the eyebrow area. We also use this treatment to treat excessive sweating (hyperhidrosis), reduce migraines and treat jaw clenching and teeth grinding (bruxism).

Ideal for anti-ageing, preventative ageing, youthfulness, smoothing skin.

Anaesthesia: None
Treatment time: 10 minutes
Downtime: Redness for 1-2 hours and possible slight bruising
Results expected in: 2 weeks
Frequency: 3-6 months
Results last: 3-6 months

1 AREA: £275 2 AREAS: £325 3 AREAS: £375 EXTRA AREA £100 HYPERHYDROSIS: £550 MASSETER: £450

#### SILHOUETTE SOFT THREAD LIFT:

This cutting-edge, non-surgical procedure effectively mimics the results of a surgical facelift. We find it particularly valuable for defining face shape and adding lift and volume to the brow, mid face, jowl area and neck. Results can be enhanced even further by combining Silhouette Soft thread lift with dermal fillers.

Ideal for defeating facial sagging, restoring your natural facial contours, lifting the jowls, improving neck drooping.

Anaesthesia: Numbing cream 30 minutes & local anaesthetic injections
Treatment time: 1-2 hours

Downtime: Swelling/bruising for the first 48 hours; can last up to 2 weeks
Results expected in: 2 weeks | Frequency: Every 1-2 years

Results last: 12-18 months
FROM: £1800

#### **MICROSCLEROTHERAPY**

Microsclerotherapy involves a small amount of sclerosing solution being injected into the thread veins using a very fine needle. The solution displaces the blood within the vein causing it to blanche. It also irritates the vein causing it to swell and close, thus stopping the blood re-entering it. Microsclerotherapy can only be used below the heart.

Ideal for treating thread veins in the legs

Anaesthesia: None
Treatment time: Dependant on the size of the area
Downtime: It can take 2-12 weeks for all the bruising to go away
Results expected in: Maximum effect in 12 weeks
Frequency: Up to 3 or more treatments before desired outcome is achieved
Results last: Permanent

INITIAL CONSULTATION & TREATMENT: £350 FOLLOW UP TREATMENT: £250

### MINOR SURGERY

#### CYST REMOVAL

Cyst removal treatment involves the removal of a cyst (which is a sac-like pocket of tissue that may be filled with fluid or pus) from the body through surgery. This procedure is typically recommended if the cyst is causing discomfort, is infected or is located in a cosmetically undesirable area.

£450 PER LESION

#### SKIN TAG OR SIMPLE MOLE REMOVAL

Skin tag and mole removal are cosmetic procedures that involve the removal of small, benign growths on the skin. While skin tags and moles are generally harmless, they may be removed for aesthetic reasons or if they are causing discomfort or irritation. These procedures can be performed using an excision method so local anaesthetic is needed.

£450 PFR LESION

#### SCAR REVISION

A scar revision treatment is a procedure that involves removing the scar tissue and rejoining the healthy skin to minimize the appearance of scars caused by injury, surgery, or trauma. This type of scar revision is typically recommended for scars that are large, deep or difficult to treat with non-surgical methods, and can be performed under local anesthesia in an outpatient setting.

£450 PFR I FSION



# L'ATELIER WELLNESS

Welcome to the L'atelier Wellness Pod, where we prioritize your wellbeing. Indulge in rejuvenating treatments like Leigh's Elemis skin lymphatic drainage facials or a revitalizing IV infusion. Experience the transformative power of our skilled practitioners and discover a sanctuary dedicated to enhancing your overall wellness. Relax, recharge and restore your vitality in the L'atelier Wellness Pod.

## FACIALS

#### LEIGH ELEMIS FACIAL

Experience the ultimate in skincare rejuvenation with Leigh's Elemis facials, harnessing the power of the latest advanced Elemis technologies. Let Leigh's expertise guide you on a transformative journey, as she utilizes cutting-edge techniques to nourish and revitalize your skin, leaving you with a radiant and youthful glow

Pores, puffiness, skin prep, skin tone, very superficial wrinkles, dullness

Ideal for: Red carpet, pre-wedding season, party season, selfie perfection, skin health, skin maintenance.

Preparation time: None | Treatment time: From 60 minutes | Sensation: +

FROM £129

#### LYMPHATIC DRAINAGE FACIAL

Elemis technologies combine with lymphatic drainage techniques to reveal a rejuvenated and radiant complexion. Trust in Leigh's expertise as she revitalizes your skin, leaving you feeling refreshed and renewed.

skin prep, detox, puffiness, very superficial wrinkles, dullness

Ideal for: Red carpet, pre-wedding season, party season, selfie perfection, skin health, skin maintenance.

Preparation time: None | Treatment time: From 60 minutes | Sensation: +

FROM £129



# IV INFUSIONS

#### INTRAVITA IV REPLENISHMENT

Lack of energy, fatigue, muscle spasms, post-illness

Ideal for: IIV Replenishment is an effective way to boost energy levels, support immune function, and improve overall health. Some common ingredients in this treatment include vitamin C, B vitamins, magnesium and amino acids.

Each infustion is tailored to the needs of the patient.

Preparation time: None | Treatment time: 30 minutes

FROM £395



